The Hong Kong Polytechnic University

Subject Description Form

Please read the notes at the end of the table carefully before completing the form.

Subject Code	APSS1BN10					
Subject Title	Eating Up the Society – From a Society "for" Food to a Society "of" Food					
Credit Value	3					
Level	1					
GUR Requirements Intended to Fulfill	This subject intends to fulfill the following requirement(s): Healthy Lifestyle					
Pre-requisite / Co- requisite/ Exclusion	Exclusion : APSS1B10					
Assessment Methods			,			
	100% Continuous Assessment	Individual Assessment	Group Assessment			
	Individual take-home assignment	40%				
	Group research project presentation		40%			
	Group research project report		20%			

The grade is calculated according to the percentage assigned: The completion and submission of all component assignments are required for passing the subject; and Student must pass all component(s) if he/she is to pass the subject. **Objectives** Adapting a sociological angle, this subject aims at helping students understand and appreciate the social aspect of human food production and consumption. It also attempts to equip students with the ability to pinpoint the social structures behind human collective behaviors. Upon completion of the subject, students will be able to: **Intended Learning Outcomes** Understand the interplay between gastronomic behaviors and social settings; (Note 1) Appreciate the interaction between local and global food culture; Analyze gastronomic phenomena using sociological vocabularies. (Please explain how the stated learning outcomes relate to the following three essential features of GUR subjects: Literacy, Higher order thinking, and life-long learning) As one of the essential activities upon which human survival is made possible, eating is more than a physiological necessity. Often, it extends to the arena of developing social circle, establishing self-identity, continuing traditions and conventions, professing religious belief, and announcing socio-economic status (literacy). Thus, this subject aims at equipping students with the ability to view beyond this apparently physiological need of food consumption and production, and to posit seemingly independently events and phenomena within the broader social context. It is also the target of this training that students would develop the interest and the knowhow in extending this practice to aspects of human activities other than eating. (high order thinking) In addition, it is anticipated that through the study of this subject, student could realize and appreciate the political economy and the social implication of their culinary experience, not only during their adolescent years but also at different stages of their personal development (life-long learning). **Subject Synopsis/** 1. Food production **Indicative Syllabus** a) Food edibility and social construction; - The definition of (Note 2) food edibility is often not founded on biological ground. Rather, it is more related to how individual or the collective posit human being in the social world. This topic introduces Peter Berger's concept of "social construction of reality", which helps understand that human are social being on top of physical being. b) Food production and instrumental rationality; - With close

examination of the workflow in the kitchen, this topic explore how instrumental rationality finds its practical meanings in the culinary world. Discussion will also be made on the possibility to introduce value rationality into kitchen work as well. The discussion will be further extended to applying rationality (in both formats) in the workplace.

c) **Kitchen, gender and social division of labor**; - As a workplace, the kitchen is often accused to be male worker-friendly only. This topic explores the related facets of the accusation with special reference to the gender issue. The discussion adopts a framework on the social division of labor by Emile Durkheim. Discussion will also be made on the arguments of the feministic points of view.

2. Food consumption

- a) **Feast, culinary experience and experiential consumption**; Through the discussion on consumption and food, this topic introduce the concept of "consumption society" put forward by sociologists of the Frankfurt School.
- b) Religious and liturgical food consumption; This topic explores the relationships between food and religion, and, by doing so, introduces the "societal functions" of religion. Classical pieces of work on sociological investigation on religion, such as those done by Karl Marx, Max Weber, and Robert Bellah will be introduced.
- c) Food critiques, guides and "mass society"; While food critiques and guides are supposedly "the" lighthouse of consumers, they simultaneously limit the choices available to consumers. Meanwhile, they also help construct the taste of the mainstream which, in turn, forms an important part of "mass society". This topic will offer an in-depth discussion on the possibility of a society for the "minority" and the "alternatives", apart from that for the "mass". Concepts of the Frankfurt School sociologists will be further elaborated.
- d) Food consumption and social class; Borrowing Pierre Bourdieu's research on food and social class, this topic analyzes the role of food as a professing tool of social-economic status. The concept of "cultural capital" will also be introduced as an important facet of modern society as far as social closure is concerned.

3. Food and the collective

- a) **Food and collective identity**; While food consumption of a society relates very much to ingredients available, the preparation method and the serving convention are *de facto* representation of the collective identity. This topic explores how food is adopted as a tool to convey collective identity.
- b) **Food taboos**; Food taboos denote the real life experiences of a particular culture. At the same time, food restrictions also contribute to the understanding of the history of a people. This

topic reinforces the discussion on food and collective identity on the basis founded in the previous topic.

c) "Urban" Food and "Rural" food; - Through a comparison on the production and consumption of food in urban and rural settings, this topic draws attention to the appreciation of urbanization as an element of social development. The price of urbanization as reflected in the re-scheduling of daily lives, reshuffling of values, and re-planning on sustainability will be highlighted.

4. Food and the globe

- a) Food additive and "risk society"; Borrowing Ulrich Beck's analytical framework, this topic diagnoses the notion of "risk society" as reflected by the reported cases on fake food and food additives. Further discussion is to be made on how valid the concept of "risk society" is on the understanding of the nature of modern society.
- b) Food and globalization; This topic discusses the political economy of food production, transportation and consumption. It also connects the development of culinary culture with the notion of cultural globalization.

Teaching/Learning Methodology

(*Note 3*)

The lectures highlight the essence of the interplay between food and society, and offer opportunities to try put into real terms students understanding of such interplay. It is also expected that students would also benefit from the guided fieldwork in collecting information from the community related to the discussion topics.

Assessment Methods in Alignment with Intended Learning Outcomes

(Note 4)

Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed (Please tick as appropriate)					
		a	b	c			
1. Individual take- home assignment	40%	✓	✓	✓			
2. Group research project presentation	40%	✓	✓				
3. Group research project report	20%	✓		✓			
Total	100 %				•		

Explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes:

For 1) students are required to finish 2 out of 5 questions. These questions aims at assessing students understanding of the key concepts covered in class. Meantime, the questions also invite students to apply these concepts in the context of their personal gastronomic experience.

For 2) students are formed into groups (normally groups of 6 depending on the size of the class) to research on assigned topics related to the local food scene. these research topics covers a wide range of areas: dynamics between genders as presented in movies related to cooking, strategy in reducing food waste, food as medium of personal and social history, food taboo as a reflection of cultural identity, the role of "social reality" in the construction of edibility of food.... Students are invited to conduct the research by using the sociological concepts covered in class. Meantime, they are also encourage to utilize the expertise of their group members who are drawn from different disciplines. A 30 minute presentation will be done by each group in front of the whole class at the end of the semester. Members of the class are invited to give comments on the presentation.

For 3) students are required to, after absorbing the comments from the class at the presentation, submit a research report to the instructor. The report should summarize their research findings and, taking into account the comment received, lead to an educated conclusion on the relevant topic.

Student Study Effort Expected

Class contact:	
 Lecture 	39 Hrs.
Other student study effort:	
Self-studies	20 Hrs.
 Preparation for assignment 	15 Hrs.
 Group Discussion 	20 Hrs.
■ Field-work for research project	25 Hrs.
Total student study effort	119Hrs.

Reading List and References

Ashkenazi, Michael and Jeanne Jacob. (2000) The essence of Japanese cuisine: an essay on food and culture England: Curzon

Ashley, Bob [et al.] (2004) *Food and cultural studies* New York : Routledge

Carolan, M. (2016) The sociology of food and agriculture, London; New York: Routlege

Evans, D. (eds.) (2013) Waste mattes: new perspectives on food and society, Malden, MA: Wiley-Blackwell

Notaker, H. (2009) Food culture in Scandinavia, Westport, Conn: Greenwood Press

Strong, Roy C. (2002) Feast: a history of grand eating Florida: Harcourt

Woolgar, C.M. (2016) The culture of food in England 1200-1500, New Haven: Yale University Press

Lydia Martens (2000) Eating out: social differentiation, consumption and pleasure Cambridge [England]: Cambridge University Press

Note 1: Intended Learning Outcomes

Intended learning outcomes should state what students should be able to do or attain upon completion of the subject. Subject outcomes are expected to contribute to the attainment of the overall programme outcomes.

Note 2: Subject Synopsis/Indicative Syllabus

The syllabus should adequately address the intended learning outcomes. At the same time over-crowding of the syllabus should be avoided.

Note 3: Teaching/Learning Methodology

This section should include a brief description of the teaching and learning methods to be employed to facilitate learning, and a justification of how the methods are aligned with the intended learning outcomes of the subject.

Note 4: Assessment Method

This section should include the assessment method(s) to be used and its relative weighting, and indicate which of the subject intended learning outcomes that each method purports to assess. It should also provide a brief explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes.